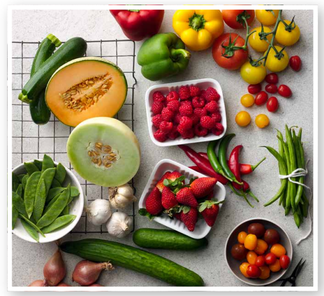

Bidfresh

Passionate about produce

VEGETABLES

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
ARTICHOKES – GLOBE												
ARTICHOKES – JERUSALEM												
ASPARAGUS – GREEN				✦	✦	✦	✦	✦				
BEANS – ROUND					✦	✦	✦	✦	✦	✦	✦	
BEANS – BROAD												
BEETROOT												
BEETROOT – BABY												
BEETROOT – GOLDEN												
BOK CHOY												
BROCCOLI												
BROCCOLINI – SLENDERSTEMS												
BRUSSEL SPROUTS												
CABBAGE												
CAVALO NERO												
CAPSICUMS – RED					✦	✦	✦	✦	✦			
CAPSICUMS – GREEN					✦	✦	✦	✦	✦			
CAPSICUMS – ORANGE					✦	✦	✦	✦	✦			
CAPSICUMS – YELLOW					✦	✦	✦	✦	✦			
CARROTS												

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
CARROTS – BABY												
CAULIFLOWER												
CELERY												
CELERIAC												
CHILLIES												
CHESTNUTS												
CHOKO												
COURGETTES – GREEN						✦	✦	✦	✦	✦		
CUCUMBER – TELEGRAPH												
EGGPLANT												
FENNEL – BABY												
FENNEL – BULB												
GARLIC – NZ												
GARLIC – IMPORTED	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
GINGER	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
HORSERADISH ROOT												
KUMARA – RED												
KUMARA – GOLD												
KUMARA – BEAUREGARD												
LEEKS												
LEEKS – BABY												

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
LETTUCE – ICEBERG												
LETTUCE – FANCY												
LETTUCE – COS												
LETTUCE – MIX												
MESCLUN												
MICROGREENS												
MUSHROOMS – FIELD												
MUSHROOMS – BUTTON												
MUSHROOMS – SWISS BROWN												
MUSHROOMS – OYSTER												
MUSHROOMS – SHITAKE												
MUSHROOMS – MEDLEY												
MUSHROOMS – ENOKI												
OKRA	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
ONIONS – JUMBO												
ONIONS – PICKLING												
ONIONS – SPANISH / RED									✦	✦	✦	
PARSLEY												
PARSNIPS												
PEAS												
POTATOES												

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
POTATOES – JERSEY BENNE												
PUMPKIN												
PUMPKIN – BUTTERNUT												
PUMPKIN – BUTTERCUP												
RADISH												
SILVERBEET												
SHALLOTS												
SNOW PEAS					✦	✦	✦	✦	✦	✦		
SPINACH												
SPRING ONIONS												
SWEDE												
SWEETCORN					✦	✦	✦	✦	✦	✦	✦	
TARO	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
TOMATOES												
TOMATOES – CHERRY RED												
TOMATOES – VINE												
TOMATOES – ROMA												
TURNIPS – BABY												
WITLOF												
YAMS – RED												
YAMS – EARTH GEM												

FRUIT

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
APPLES – ROYAL GALA												
APPLES – BRAEBURN												
APPLES – GRANNY SMITH												
AVOCADO HASS												
BANANAS	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
CHERIMOYA												
COCONUT	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
CAPE GOOSEBERRY												
FEIJOAS												
FIGS												
FRESH DATES	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
GRAPEFRUIT – IMPORTED	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
GRAPEFRUIT – NZ												
GRAPES – RED	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
GRAPES – BLACK		✦	✦	✦	✦			✦	✦	✦	✦	✦
GRAPES – GREEN	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
KIWIFRUIT – GREEN												
KIWIFRUIT – BABY (AGUTA)												
KIWIFRUIT – GOLD												
LEMONS	✦	✦	✦	✦							✦	✦
LIMES	✦							✦	✦	✦	✦	✦

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
MANDARINS												
MANGOS	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
MELON – HONEY				✦	✦	✦	✦	✦	✦	✦	✦	
MELON – ROCK				✦	✦	✦	✦	✦	✦	✦	✦	✦
MELON – WATER				✦	✦	✦	✦	✦	✦	✦	✦	✦
NASHI PEARS												
ORANGES – NZ VALENCIA												
ORANGES – NZ NAVEL												
ORANGES – IMPORT	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
ORANGES – BLOOD	✦	✦								✦	✦	
PASSIONFRUIT												
PAW PAW	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
PEARS	✦								✦	✦	✦	✦
PEARS – YA	✦	✦									✦	✦
PERSIMMONS												
PINEAPPLES – GOLD	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦	✦
POMEGRANATE	✦										✦	✦
QUINCES												
RHUBARB												
TAMARILLOS – RED												
TAMARILLOS – GOLDEN												
TANGELOS												

BERRIES

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
BLACKBERRIES												
BLUEBERRIES												
GOOSEBERRIES												
RASPBERRIES												
STRAWBERRIES					✦	✦	✦	✦				

STONE FRUIT

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
APRICOTS												
CHERRIES												
NECTARINES												
PEACHERINE												
PEACHES												
PLUMS							✦	✦	✦	✦		

✦ IMPORTED

AVAILABLE

LIMITED SUPPLY

UNAVAILABLE

order online at

myBidfood.co.nz

HERBS & SPROUTS

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
ANGELICA												
BASIL												
CHERVIL												
CHIVES												
CORIANDER												
DILL												
FENNEL												
FRENCH TARRAGON												
ITALIAN PARSLEY												
LEMONGRASS												
MARJORAM												
MINT TIPS												
MIZUNA												
OREGANO												
ROQUETTE												
ROSEMARY												
SAGE												
THYME												
VIETNAMESE MINT												
WATERCRESS												
KAFFIR LIME LEAVES												
BAY LEAVES												
SPROUTED BEANS & SEEDS												

WHANGAREI
PH 09 430 4925
FX 09 438 9381
orders.wgr@bidfood.co.nz

AUCKLAND
PH 09 828 0800
FX 09 828 0802
sales.fak@bidfood.co.nz

HAMILTON
PH 07 847 5324
FX 07 846 7440
sales.fmm@bidfood.co.nz

TAURANGA
PH 07 543 4016
FX 07 543 4017
telesales.tauranga@bidfood.co.nz

ROTORUA
PH 07 345 5151
FX 07 345 5322
sales.frt@bidfood.co.nz

NEW PLYMOUTH
PH 06 751 2260
FX 06 751 2363
sales.np@bidfood.co.nz

PALMERSTON NORTH
PH 06 354 6164
FX 06 7354 8685
orders.pn@bidfood.co.nz

HAWKE'S BAY
PH 06 843 0555
FX 06 843 1555
orders.hb@bidfood.co.nz

WELLINGTON
PH 04 240 0130
FX 04 232 4867
sales.fwn@bidfood.co.nz

NELSON
PH 03 547 5351
FX 03 547 7960
telesales.nl@bidfood.co.nz

GREYMOUTH
PH 03 768 6814
FX 03 768 4465
sales.gry@bidfood.co.nz

CHRISTCHURCH
PH 03 349 5100
FX 03 349 5933
sales.fch@bidfood.co.nz

TIMARU
PH 03 688 2123
FX 03 688 2066
sales.tm@bidfood.co.nz

DUNEDIN
PH 03 470 1095
FX 03 470 7096
sales.dn@bidfood.co.nz

QUEENSTOWN
PH 03 450 9039
FX 03 451 0039
sales.qt@bidfood.co.nz

WANAKA
PH 03 443 4181
FX 03 443 4186
sales.wk@bidfood.co.nz

INVERCARGILL
PH 03 214 9994
FX 03 214 9993
orders.in@bidfood.co.nz

GRAEME DINGLE FOUNDATION